



MERCEDEZ CALLEROS  
presents

# VISION BOARD MASTERCLASS

co-create the life  
of your dreams

## WHEN:

- November 30th – 6-9:30 p.m.
- December 2nd – 10 a.m.-1:30 p.m.

same class; 2 dates available

WHERE: Four Points by Sheraton, Eastham

COST: \$40

Early bird special – Book before November 23 and pay only \$35, or bring a friend for ½ price.

Join me for a session of social interaction, self-learning and fun!

## LEARN THE CONCEPTS OF:

- Vision Boards
- Self-clarity
- Limiting beliefs and how they hold you back
- Laws of Attraction and Vibration



with Mercedes Calleros  
Midlife Self-Care &  
Empowerment Coach

You will learn how to get centered and grounded, and how to get unstuck and surmount any beliefs that are holding you back. I will provide you with your poster boards, some magazines and some scissors and glue, but please feel free to bring anything you may want to use for your own boards such as personal photos or quotes and stickers.

Vision boards are a fantastically powerful way to visualize your goals and dreams. They provide you with a visual clarity and focus to achieve what you want and oftentimes, more than you ever thought possible!

Come ready to let go and allow your creative self to play! Refreshments included.

REGISTER VIA EMAIL: [MERCEDEZ@MERCEDENZCALLEROS.COM](mailto:MERCEDEZ@MERCEDENZCALLEROS.COM)